

## 2017 Season

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

### Participant Options:

◇ Large Family Subscription \$690/season

◇ Regular Family Subscription \$460/season

◇ Single Person Subscription \$230/season

### Payment Options:

◇ Pay full amount by March 1st

◇ \$190 (or \$135, \$55 respectively,) down by March 1st & payments of \$100 (or \$65, \$35) April 1, May 1, June 1, July 1, August 1

By signing below, I agree to be a participant in the 2017 CSA season at Kinsman Farm sharing in the risks and benefits of small-scale agriculture.

◇ \$25 I would like to become a Friends of the Farm Club Member.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Please make checks payable to: Valerie Kinsman.

## WHY KINSMAN FARM?

- Diverse fresh produce
- Full of vitality and nutrients
- Grown with all natural methods-no harmful pesticides or herbicides
- Varieties chosen for flavor
- Long season—20 weeks
- Highest quality possible
- Hand harvested at peak ripeness
- Harvested within 24 hours of delivery to keep the highest nutritional value for your dollar
- Promotes local food agriculture and partners you with family farmers
- Keeps dollars in the regional economy
- Connects you to the seasons through food
- Promotes creative seasonal cooking
- Reduces food miles and energy consumed by overland shipping

**Friends of the Farm Club Members (\$25 annually) receive a 5% discount on all farm foods, whether vegetables, fruits or meats.**

**Friends of the Farm Club Members also receive first notice of free farm events and 5% discount on paid event registrations.**

**If you are a Friends of the Farm Club Member reduce your first deposit to:**

**Large Family-\$155.50**

**Regular Family-\$112.50**

**Single Person-\$43.50**

# KINSMAN FARM ENTERPRISES LLC

**COMMUNITY SUPPORTED  
AGRICULTURE**

**2017 SEASON**



**ALL-NATURAL  
FRESH LOCAL PRODUCE**

Doug and Valerie Kinsman  
5328 Co Rd. 22  
Archbold, OH 43502  
Tel: 419/445-8605  
valeriekinsman@hotmail.com  
www.kinsmanfarmenterprises.com

# WELCOME TO KINSMAN FARM

Thank you for your interest in Kinsman Farm CSA. Doug and Valerie both grew up on farms and live on Doug's family homestead. Farming is our way of life.

Implied in sharing the risk of farming with us is the concept that under certain weather conditions some crops may do wonderfully and in other conditions some crops may do poorly.

On Kinsman Farm we practice organic methods of vegetable farming but we are not certified as organic. Our foods are produced with NO chemical herbicides and NO chemical pesticides. We do not use genetically modified seeds. What we do practice is crop rotation, companion planting, integrat-



ed pest management including attracting beneficial insects. We have field filter strips around the planting beds to limit airborne contamination. We plant cover-crops and use compost and straw mulch to build our soil so that it nourishes our plants.

We grow a large diversity of vegetables and often several varieties of the same vegetable throughout the seasons. Early harvests (about the first six weeks) are lighter as mostly greens are ready in early Spring. However, mid-season ushers in a bountiful harvest. We expect that there will be an average of eight to twelve items per week for each family.

## WHAT KIND OF PRODUCE CAN I EXPECT?

CSA pickups normally begin the third week of May and continue through September, 20 weeks in total. We focus on well-known vegetables, and also introduce a few unique ones. Volume and varieties vary with seasons but you may receive...

- Early Spring will be low volume: lettuce, spinach, radishes, spring onions, bok choy, peas, herbs, asparagus, rhubarb
- Late Spring: peas, carrots, summer squash, green beans, lettuce, spinach, radishes, kale, herbs
- Summer: sweet corn, green beans, kohlrabi, carrots, lettuce, tomatoes, onions, cucumbers, peppers, beets, potatoes, cabbage, broccoli, zucchini, herbs
- Late summer: tomatoes, potatoes, carrots, muskmelons, peppers, cabbage, broccoli, green beans, lettuce, sweet corn, onions, watermelons, eggplant, kale, herbs
- Fall: winter squash, potatoes, onions, cabbage, broccoli, carrots, lettuce, peppers, eggplant, kale, spinach, beets, radishes, sweet potatoes.

All vegetables are hand harvested for the highest quality possible.

**The price for the regular season is \$690 per large family members, \$460 for regular family members or \$230 per single size members.**

### Pick-up Days and Times



We harvest vegetables every Monday for our CSA participants. The produce is field rinsed (not washed) and stored until you pick it up at the farm on Monday afternoon from 4:00-7:00 PM (unless other arrangements are made). Baskets not claimed during Monday hours will be dispersed after Tuesday at 7 PM unless previous arrangements are made before Monday BY EMAIL. If you have any questions you may contact us at:

[valeriekinsman@hotmail.com](mailto:valeriekinsman@hotmail.com)

or call 419/445-8605.

To participate please fill out the registration form on the flap and forward it to the address on the front with your down payment. Participation is limited due to time and garden size.

### Friends of the Farm Club Membership

Friends of the Farm Club Members receive a 5% discount on vegetable shares, any fruits offered for sale, or meats. They also receive first notice of free farm events and 5% discount on paid event registrations.

Friends of the Farm Club Membership is \$25 annually. \*See registration form on back.

If you are a Friends of the Farm Club Member reduce your first deposit to:

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Single Person-\$43.50